

DIRECTIONS TO



"The Common Sense Approach to Good Health"

.....
800 PROVIDENCE RD. (ROUTE 122) • WHITINSVILLE, MA 01588 • 508-234-5655
.....

Located at Chiropractic Health Center

- From ROUTE 9 - FRAMINGHAM:**
- *Take Route 9 West to Route 495 South (Exit 23B).
 - *Off Route 495 South take Exit 21B toward Upton.
 - *End of ramp merges onto West Main Street in Hopkinton.
 - *Continue on West Main as it becomes Hopkinton Road then Hartford Ave. through Upton.
(Pass Pratt Pond on your left, continue straight up a hill, pass a Dunkin' Donuts on the right, and a shopping plaza on the left).
 - *At the set of lights go STRAIGHT. (This is Maple street).
 - *Continue on Maple until you come to another set of lights - take a RIGHT. This is Pleasant Street.
 - *Continue on Pleasant St. for about 2½ miles - (it eventually becomes Quaker Street).
 - *BEAR RIGHT onto Church Street Extension (this eventually becomes Church St.) and follow to a set of lights. (FYI - This intersection is known as Plummer's Corner)
 - *Take LEFT at lights towards Uxbridge (this is Rte. 122 / Providence Rd.).
 - *Continue for about ½ mile and we are on the Left at 800 Providence Rd. at Chiropractic Health Center.

- ~~~~~
- From WORCESTER:**
- *Route 146 South to the Oxford, Northbridge Central Turnpike Exit.
 - *At end of ramp take a LEFT
 - *Follow for approximately 4 to 5 miles until you come to a 5-way stop. Go STRAIGHT through intersection.
 - *Stay on that road (approx. 1 ½ miles) until you come to a stop sign. Take a RIGHT onto Route 122.
 - *Follow Rte. 122 until you come to a set of lights (Burger King is on the right). Go STRAIGHT through lights.
 - *We are approx. ¾ mile on the Left at Chiropractic Health Center, 800 Providence Rd. (which is also Rte. 122).

~ Route 122 is accessible from many major routes such as Routes 9, 16, 140, 290, and 495.
~ You may want to consult Mapquest or other mapping site for directions from your location.